

THE PUSH-UP CHALLENGE

TEAM PUSH-UP TALLY



Thanks for being a part of The Push-Up Challenge for 2023.

Track your team's progress below. Good luck

DAY	DATE	TARGET		TEAM MEMBER NAME							
		HALF	FULL								
1	Thu 1 Jun	48	96								
2	Fri 2 Jun	65	130								
3	Sat 3 Jun	87	175								
4	Sun 4 Jun	REST									
5	Mon 5 Jun	80	160								
6	Tue 6 Jun	65	130								
7	Wed 7 Jun	105	210								
8	Thu 8 Jun	77	153								
9	Fri 9 Jun	84	168								
10	Sat 10 Jun	98	196								
11	Sun 11 Jun	REST									
12	Mon 12 Jun	65	131								
13	Tue 13 Jun	75	150								
14	Wed 14 Jun	109	218								
15	Thu 15 Jun	42	84								
16	Fri 16 Jun	82	163								
17	Sat 17 Jun	100	200								
18	Sun 18 Jun	REST									
19	Mon 19 Jun	54	108								
20	Tue 20 Jun	81	163								
21	Wed 21 Jun	60	120								
22	Thu 22 Jun	110	219								
23	Fri 23 Jun	85	170								
TOTAL		1,572	3,144								

3,144 PUSH-UPS. 1-23 JUNE.



Proudly supporting



www.thepushupchallenge.com.au