THE PUSH-UP CHALLENGE
TEAM PUSH-UP TALLY

Thanks for being a part of The Push-Up Challenge 2026.
Track your progress below.

		TARGET		TEAM MEMBER NAME							
DATE	**DAY**	**FULL**	**HALF**								
Wed 3 June	1	100	50								
Thur 4 June	2	72	36								
Fri 5 June	3	120	60								
Sat 6 June	4	150	75								
Sun 7 June	5	REST	REST								
Mon 8 June	6	140	70								
Tue 9 June	7	170	85								
Wed 10 June	8	130	65								
Thur 11 June	9	160	80								
Fri 12 June	10	167	84								
Sat 13 June	11	191	96								
Sun 14 June	12	REST	REST								
Mon 15 June	13	120	60								
Tue 16 June	14	220	110								
Wed 17 June	15	160	80								
Thur 18 June	16	190	95								
Fri 19 June	17	170	85								
Sat 20 June	18	208	104								
Sun 21 June	19	REST	REST								
Mon 22 June	20	120	60								
Tue 23 June	21	180	90								
Wed 24 June	22	229	114								
Thur 25 June	23	160	80								
Fri 26 June	24	150	75								